



25 Ways to Get Actively Connected this Holiday Season



Bring binoculars outside and investigate your surroundings

Build a fort with sheets and blankets

Build a rocket ship out of cardboard boxes

Climb up the jungle gym or slide at the playground

Create a winter scavenger hunt in your home

Decorate holiday cookies and deliver them to your neighbors

Fill plastic bins with beans, hide small toys then play search and discover with your family

Go ice skating

Go for a walk outside and enjoy nature

Have a holiday picnic in your driveway

Hula hoop as a family to holiday music

Investigate things around your room with a magnifying glass

Make a collage of family photos

Make a game of gathering gently used toys and clothing for donation

Make a snowman using items gathered from your refrigerator

Make holiday ornaments in your pajamas

Make up a new double dutch jump rope song and activity

Plant a tree

Play board games like Pictionary, Scrabble and Sorry

Play Twister with friends and family

Snuggle up and read holiday picture books

Study the constellations then go stargazing

Take a family hike in the snow

Use wrapping paper, paper bags and ribbons to make a sensory path throughout your home

